

## ISST - R 2.0

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Welcome to the Internet Sex Screening Test (ISST). This inventory asks questions about online and offline behavior. Please respond “True” to the items which apply to your behavior and “False” to the items which do not apply.

### ANSWERS

### The “Internet Screening Test” 34 Questions

- |                               |                                |                                                                                                                        |
|-------------------------------|--------------------------------|------------------------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> True | <input type="checkbox"/> False | 1. I have some sexual sites bookmarked                                                                                 |
| <input type="checkbox"/> True | <input type="checkbox"/> False | 2. I spend more than 5 hours per week using my computer for sexual pursuits.                                           |
| <input type="checkbox"/> True | <input type="checkbox"/> False | 3. I have joined sexual sites to gain access to online sexual material.                                                |
| <input type="checkbox"/> True | <input type="checkbox"/> False | 4. I have purchased sexual products online.                                                                            |
| <input type="checkbox"/> True | <input type="checkbox"/> False | 5. I have searched for sexual material through an Internet search tool.                                                |
| <input type="checkbox"/> True | <input type="checkbox"/> False | 6. I have spent more money for online sexual material than I planned.                                                  |
| <input type="checkbox"/> True | <input type="checkbox"/> False | 7. Internet sex has sometimes interfered with certain aspects of my life.                                              |
| <input type="checkbox"/> True | <input type="checkbox"/> False | 8. I have participated in sexual related chats.                                                                        |
| <input type="checkbox"/> True | <input type="checkbox"/> False | 9. I have a sexualized username or nickname that I use on the Internet.                                                |
| <input type="checkbox"/> True | <input type="checkbox"/> False | 10. I have masturbated while on the Internet.                                                                          |
| <input type="checkbox"/> True | <input type="checkbox"/> False | 11. I have accessed sexual sites from other computers besides my home.                                                 |
| <input type="checkbox"/> True | <input type="checkbox"/> False | 12. No one knows I use my computer for sexual purposes.                                                                |
| <input type="checkbox"/> True | <input type="checkbox"/> False | 13. I have tried to hide what is on my computer monitor so others cannot see it.                                       |
| <input type="checkbox"/> True | <input type="checkbox"/> False | 14. I have stayed up after midnight to access sexual material online.                                                  |
| <input type="checkbox"/> True | <input type="checkbox"/> False | 15. I use the Internet to experiment with different aspects of sexuality (e.g. bondage, homosexuality, anal sex, etc.) |
| <input type="checkbox"/> True | <input type="checkbox"/> False | 16. I have my own website which contains some sexual material.                                                         |
| <input type="checkbox"/> True | <input type="checkbox"/> False | 17. I have made promises to myself to stop using the Internet for sexual purposes.                                     |
| <input type="checkbox"/> True | <input type="checkbox"/> False | 18. I sometimes use cybersex as a reward for accomplishing something (e.g. finish a project, stressful day. Etc.)      |

- True     False    19. When I am unable to access sexual information online, I feel anxious, angry, or disappointed.
- True     False    20. I have increased the risks I take online (give out my name and phone number, meet people offline, etc.)
- True     False    21. I have punished myself when I use the Internet for sexual purposes (e.g., time-out from computer, cancel Internet subscription, etc.)
- True     False    22. I have met face to face with someone I met online for romantic purposes.
- True     False    23. I use sexual humor and innuendo with others while online.
- True     False    24. I have run across illegal sexual material while on the Internet.
- True     False    25. I believe I am an Internet sex addict.

**General Questions about sex Addiction**

- True     False    26. I repeatedly attempt to stop certain sexual behaviors and fail.
- True     False    27. I have continued my sexual behaviors despite it having caused me problems.
- True     False    28. Before my sexual behavior I want it but afterwards I regret it.
- True     False    29. I have lied often to conceal my sexual behavior.
- True     False    30. I believe I am a sexual addict.
- True     False    31. I worry about people finding out about my sexual activities.
- True     False    32. I have made efforts to quit a type of sexual activity and failed.
- True     False    33. I hide some of my sexual behavior from others.
- True     False    34. When I have sex, I feel depressed afterwards.

Years using the Internet \_\_\_\_\_

How many hours do you spend online per week? \_\_\_\_\_

How many hours do you spend online for Internet sex per week? \_\_\_\_\_

What is your age? \_\_\_\_\_